



Here's a great way to keep your body healthy  
with the seasons...learn about the  
Traditional Chinese Medicine Theory of  
Food As Medicine for Longevity!!

Staying Healthy with the Seasons:  
**Get Your Body Ready for Summer  
With Traditional Asian Dietary Medicine**

Saturday, April 24, 2010, 2:00-5:00 pm  
*Leslie Coff, MTOM, L.Ac. Dipl. Acu.*

Ananda Bhav Yoga Studio, 165 West Wieuca NE, Suite 165, Atlanta, GA 30342



\$45 per person  
Reserve a spot with Jody!  
770 633 1074  
anandabhavyoga@gmail.com

***Leslie Coff*** has been practicing and  
teaching Traditional Chinese Medicine  
for over twenty years, specializing in  
pain, side effects of cancer treatment, im-  
mune and autoimmune disorders, fertility  
issues, menopausal syndrome and stress.  
Conveniently located in Sandy Springs,  
you can contact her at 404 851 9804.  
For more information, look up  
[www.springhopehealth.com](http://www.springhopehealth.com).